

## The Companions Mission Statement

To enrich the experience of committed individuals, 50 years and older, who are involved in community service with people who are poor, marginalized, and socially vulnerable through a program of prayer and Ignatian spirituality.



## Contact Information

Kay Mascoli, Administrative Coordinator  
408-666-7506 or [kmascoli@scu.edu](mailto:kmascoli@scu.edu)  
[www.ignatiancompanions.org](http://www.ignatiancompanions.org)

## Affiliations and Partnerships

*The Companions* is an “endorsed work” of the California Province of the Society of Jesus (The Jesuits), in partnership with, Santa Clara University’s Ignatian Center for Jesuit Education in Santa Clara and the Jesuit School of Theology in Berkeley, California.

## Contributions

*The Companions* program is dependent upon the financial generosity of individuals and groups. Gifts are processed by Santa Clara University and are fully tax-deductible as contributions to a 501c3 organization.

***Please mail checks to:***

Companions in Ignatian Service and Spirituality  
c/o The Ignatian Center for Jesuit Education  
Santa Clara University  
500 El Camino Real, Santa Clara, CA 95053-0454

***Checks are payable to: Santa Clara University,  
with a designation to Companions***

# Companions in Ignatian Service and Spirituality

## *The Companions*



## To be a Companion...

...is to be a person of deep desires, generosity, and faith.

...is to be a person who desires to give back to one's community;

...is to be a person who desires much from life, holding the conviction that retirement from one's life labor is the beginning of a new journey;

...is to be a person who desires to draw nearer to the love of the Lord through the experience of service to Christ's poor.



## Service

To be a *Companion* one must desire to deepen one's relationship with God through a commitment to serve in the coming of God's Kingdom. *Companions* make a commitment to weekly service with the materially poor, the voiceless, and the powerless. Bringing these experiences back with them into their prayers and communal reflections, *Companions* strive for a mutual transformation that brings justice and compassion for all. Just as we expect *Companions* to deepen their commitment to spiritual growth and development, so too do we expect that *Companions* will experience and make deeper commitments to service, ministry, and advocacy over the course of each year.



## Spirituality

To be a *Companion* one must have a strong desire to deepen one's spiritual life through the experience of prayer and reflection based on The Spiritual Exercises of St. Ignatius of Loyola. Each *Companion* commits to a period of daily prayer and reflection, a monthly meeting with a Spiritual Director, and a monthly meeting of sharing one's experiences with fellow *Companions*, celebrating the Eucharist, and joining in community for lunch. In addition, our year begins and ends with a one-day retreat. The heart of *The Companions*



is to be found in the experience of ministry to Christ's poor. This ministry, in turn, is reflected and prayed upon using scripture and Ignatian Spirituality. Moreover, our service and spirituality is supported in our own community of faith, sharing, and prayer.

To be a *Companion*, ultimately, is to:

*Find God in all things,  
Listen with a discerning heart,  
Choose to live for the greater glory of God.*

If you desire to make a difference, for someone else and for yourself, then please contact us for further information.

## Be a Companion!

### **Program Locations & Meeting Days**

Program meets from September through June on the first Friday of each month in Santa Clara and the first Saturday of each month in Berkeley.

Santa Clara University	Jesuit School of Theology-SCU
Jesuit Residence	Academic Center
801 Franklin Street	1735 LeRoy Avenue
Santa Clara, CA 95053	Berkeley, CA 94709