



**Companions in Ignatian Service and Spirituality
Application (2011-12)**

Name: _____

Address: _____

City: _____ **Zip:** _____

Home Phone: _____ **Work Phone:** _____

Cell Phone: _____ **E-mail:** _____

Religious Affiliation: _____

Parish/Community of Worship: _____

Have you ever had a Spiritual Director? _____ **Do you currently have a Spiritual Director?** _____

Have you ever been on a retreat? if so, briefly describe what type. _____

Are you familiar with Ignatian Spirituality (If so, how)? _____

Ignatian spirituality is centered upon your individual encounter with Jesus Christ, as portrayed in the Scriptures. Is there anything that would prevent you from fully engaging in this type of imaginative reflection? _____

Have you ever been involved in a group experience of spiritual reflection? If so, please describe.

Please describe your current practice of prayer? _____

Service Volunteer Information:

Current/Proposed Volunteer Organization: _____

Location: _____ **Phone:** _____

Hours of Service you do per week: _____

Describe your volunteer work (the people you serve, what you do, etc.): _____

Statement of Interest:

Briefly describe why you are interested in becoming a Companion. Please be as specific as possible, and include your interest in both the spirituality and the service component:

Companions Program Expectations:

Service Component:

Participants in the Companions program should be 50 or older, and currently volunteering in, or willing to commit to, community service programs in Santa Clara, Contra Costa or Alameda Counties, and must:

1. Perform community service for a minimum 6 hours weekly or 24 hours monthly, involving direct contact with the materially poor, the voiceless, and the powerless
2. Participate in the Companions' Program from September to June (*see program details below*)

Spiritual Formation Component:

Participants need to have a strong desire to deepen their spiritual life, a willingness to explore Ignatian Spirituality, and a commitment to participate in:

1. Each beginning and ending, one-day program retreat (2 total)
2. A program of daily prayer and meditation, 15 – 30 minutes, based on the spiritual discipline of St. Ignatius of Loyola, using a comprehensive written Guide for the Journey
3. Monthly program meetings with other members of their group, consisting of reflection on their prayer and its connection to their volunteer service experience, a Liturgy, and lunch
4. Individual monthly meetings with a spiritual director, focusing on where God is calling the you in life

Program Locations & Meeting Days:

Santa Clara University

Jesuit Residence, 801 Franklin Street
Santa Clara, CA 95053

First Friday of each month, Sept-June

Jesuit School of Theology-SCU

Academic Center, 1735 LeRoy Avenue
Berkeley, CA 94709

First Saturday of each month, Sept-June

Companions Contact Information:

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kmascoli@scu.edu

Companions in Ignatian Service and Spirituality (CISS)
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Visit our web site at: www.ignatiancompanions.org